



Third Annual Pierce Hall Community Center Independence Day Dash
➤ **NOTE CHANGE IN DATE: Saturday July 3, 2010 – Right before the Parade!**
5-Kilometer (3.1 Mile) Running Race and Walking Event

Registration begins at 7:45 at Rochester School
BOTH Events begin at 8:30 AM Awards at 10:00 AM Enjoy the Parade at 11 AM

REGISTRATION: All proceeds will benefit the Pierce Hall Community Center restoration project.

- Walkers and Runners = \$ 15 for those who **Pre-Register** (before July 2)
- Walkers and Runners who sign up on July 3 = \$ 20
- **Commemorative PHCC Race T – Shirts** will be provided to the first 75 entrants

➤ **Event Registration Form: Please mail to address below, or turn in on race day.**

Name: _____ **Male / Female:** _____

Address: _____

Event: Walking or Running? _____

T – Shirt size? Small Medium Large XL

Race Release Form: I acknowledge that running or walking a distance of three miles is a potentially hazardous activity. I attest that I am medically able and physically trained for this activity. I agree to assume all risks associated with participating in this event, and hereby waive and release the Pierce Hall Community Center, the town of Rochester, Vermont, property owners, all sponsors, and all volunteers from all claim and liabilities arising out of my participation in this event.

Signature: _____ **Date:** _____

Parent / Guardian Signature if under 18 years old: _____

Amount Enclosed: \$ _____ **(Make check payable to *Pierce Hall*, and mail to *PHCC Independence Day Dash, c/o George Moltz, 460 North Hollow Road, Rochester, VT 05767*)**

COURSE: Wheel-measured 5 kilometer course, primarily on grass paths. Mostly flat with two moderate hills. There will be TWO water stops for runners and walkers on the course.

Prizes for Race Winners in various categories, free snacks, and fun awards to follow!

Pierce Hall Community Center, Inc. is a 501C3 tax-exempt, non-profit organization bringing together the towns of the White River Valley: Granville, Hancock, Rochester, Stockbridge, and Pittsfield. Visit our website at www.piercehall.org